

ISHA 2025 Annual Scientific Meeting



Provisional Programme

ISHA 2025 Post-Conference Physiotherapy Programme

Saturday 4 October 2025

Fukuoka International Congress Center, Fukuoka, Japan

Further information at: <https://oaandgap.eventsair.com/isha-2025/pt-programme>

Crossover sessions in Main Programme open to attendees of Physiotherapy Programme:

07:30 - 08:30	ICL15 Patient education on hip preservation surgery Room 411 + 412
07:30 - 08:30	PS7 A team approach to hip preservation Room 413+414
08:30 - 09:15	FP10 Outcomes and rehab related standard oral free papers Room 413+414
09:15 - 10:00	Morning Break
10:00 - 10:15	Group Photo

Post-Conference Physiotherapy Programme (Room 413+414):

Session 1	
10:30 - 10:35	PT1.1 Introductions
10:35 - 10:45	PT1.2 Normal anatomy
10:45 - 10:50	PT1.3 SI joint and acetabular rim stress
10:50 - 11:00	PT1.4 Pathoanatomy and consequences of FAIS
11:00 - 11:10	PT1.5 Conservative treatment and prehab of FAIS
11:10 - 11:20	PT1.6 Operative management of FAIS
11:20 - 11:35	PT1.7 Post-op rehab of FAIS
11:35 - 11:40	PT1.8 International perspective on the treatment of FAIS: Japanese
11:40 - 11:45	PT1.9 International perspective on the treatment of FAIS: Australian
11:45 - 11:50	PT1.10 Round table/Case discussion
Session 2	
11:50 - 12:00	PT2.1 Pathoanatomy and consequences of microinstability and hypermobility
12:00 - 12:10	PT2.2 Conservative treatment and prehab of microinstability and hypermobility

ISHA EXECUTIVE OFFICE

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ISHA Annual Scientific Meeting 2025 Limited
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12:10 - 12:20	PT2.3 Operative management of microinstability and hypermobility
12:20 - 12:35	PT2.4 Post-op rehab of microinstability and hypermobility
12:35 - 12:40	PT2.5 International perspective on the treatment of microinstability and hypermobility: Japanese
12:40 - 12:45	PT2.6 International perspective on the treatment of microinstability and hypermobility: USA
12:45 - 12:50	PT2.7 Round table/Case discussion
12:50 - 13:30	Lunch Break
Session 3	
13:30 - 13:40	PT3.1 Pathoanatomy and consequences of dysplasia
13:40 - 13:50	PT3.2 Conservative treatment and prehab of dysplasia
13:50 - 14:00	PT3.3 Operative management of dysplasia
14:00 - 14:15	PT3.4 Post-op rehab of dysplasia
14:15 - 14:20	PT3.5 International perspective on the treatment of dysplasia: Japanese
14:20 - 14:25	PT3.6 International perspective on the treatment of dysplasia: USA
14:25 - 14:30	PT3.7 Round table/Case discussion
Session 4	
14:30 - 14:45	PT4.1 Return to sports after hip surgery - general overview and guidelines
14:45 - 14:55	PT4.2 Surgery specific considerations
14:55 - 15:05	PT4.3 Sport specific considerations
15:05 - 15:15	PT4.4 Individual patient considerations
15:15 - 15:20	PT4.5 International perspective on return to sports: Japanese
15:20 - 15:25	PT4.6 International perspective on return to sports: Israeli
15:25 - 15:30	PT4.7 Round table/Case discussion

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