



International Federation of Physiotherapists
working in
Occupational Health and Ergonomics

18th March 2026

Dear Member Organisations,

We bring you the first IFPOHE Newsletter for 2026, please share with your members.

Recent articles and blog of interest

Office work and Neck pain A multi-component intervention (NEXpro) reduces neck pain: a randomized controlled trial among Swiss office workers. Aegerter et al. 2026. Scandinavian Journal of Work, Environment and Health, vol. 52, no. 1. Link: <https://www.sjweh.fi/article/4254>

Pain amongst Nursing Assistants (Abstract in English, Article in Spanish) Mérida-Martínez I, Guijo-Blanco V, Ramos-Barbero V. Prevalencia y análisis del dolor entre los Técnicos en Cuidados Auxiliares de Enfermería [Prevalence and analysis of pain among Nursing Assistants]. Rev Esp Salud Publica. 2026 Feb 4;100:e202602008. Spanish. PMID: 41649294. Hyperlink <https://pubmed.ncbi.nlm.nih.gov/41649294/>

Work following Knee arthroplasty [Can physiotherapists timely detect patients at risk for delayed return to work after Total Knee Arthroplasty? Yes they can!](#) Expert opinion at www.fysiotherapeuten.no, by Yvonne van Zaanen & Paul Kuijer, Department of Public & Occupational Health, Amsterdam UMC.

Executive committee member Vasiliki Sakellari is *pleased to share that the MDPI reprint book of the **Special Issue "Posture, Balance, and Gait"**, which she edited, has now been officially published online and is freely accessible via the MDPI Books platform <http://www.mdpi.com/books/book/12147-posture-balance-and-gait>*

Blog about [Heat Stress](#) at work in a world facing climate change. This is from the Environmental Physiotherapy Association website from Australian physiotherapy student Tricia Soh

Upcoming Events

- [World Day for Safety and Health at Work | United Nations](#) 28 April 2026
- [7th International Work Disability Prevention and Integration](#) (WDPI) Conference: Reflecting on the Past, Learning from the Present, Adapting to the Future. 12-15 May 2026 Vancouver, Canada



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- [European Region World Physiotherapy](#), Madrid November 2026

Feedback

The Committee seeks your feedback about what IFPOHE can do for your group, resource sharing and use of the Global Standards. A questionnaire is being sent with this Newsletter to the office bearer in your country to complete. If for some reason it doesn't get to you, please let us know.

Membership

Discussions are currently underway with the Mexico group which is interested in becoming an IFPOHE Member. The next World Physiotherapy Congress will be held in Mexico in 2027. [World Physiotherapy | Home](#)

Regional Meetings

To get to know others working in Occupational Health and Ergonomics in your World Physiotherapy Region the Executive Committee members from your region are working towards having a "get to know" you type of Zoom meeting in the first half of this year. For example, there is one upcoming for the Asia Western Pacific Region to be held in late March. We hope office bearers from your group or a representative might attend the one local to your group.

With our best wishes,

from the Executive Committee

Rose Boucaut (Australia, rose.boucaut@unisa.edu.au), Yvonne van Zaanen (The Netherlands), Marisa Coetzee (South Africa, marisacoetzee@outlook.com), Vasiliki Sakellari (Greece), Beatriz Sanz-Bustillo (Spain), Tracey Atkinson (United Kingdom), Claudia Rojas Silva (Colombia), Shane Meys (New Zealand)